

Utah County Health Department COVID-19 Update January 26, 2022

Dear Parents/Guardians:

Due to the volume of COVID-19 cases among school aged children we are no longer able to do contact tracing for school age children. Utah County Health Department (UCHD) will continue to work with the school districts to contact and record the positive cases that occur in each school. On a temporary basis, UCHD will primarily rely on Automatic Contact Tracing (ACTS) for grades K-12.

To this point in the school year ACTS has been used for grades 7-12 and will now be extended to all grades. The ACTS email will come from Utah public health contact tracing teams and include a link to a form which will ask you about your student's symptoms and who else may be at risk for getting COVID-19. The form and information you provide to the health department is stored on a secure database. The information collected on the form is the same information a contact tracer would ask if they were to interview you about your student over the phone. This helps UCHD know who else may be at risk for getting COVID-19. See additional details concerning contact tracing on the Utah Department of Health website at: <https://coronavirus.utah.gov/contact-tracing>

This change in practice will allow UCHD to follow best practices (https://preparedness.cste.org/wp-content/uploads/2022/01/CICT_Partner_Statement_01_24_2022.pdf) and put an "emphasis on targeting investigations in higher risk settings serving vulnerable populations and other critical measures to better protect the public's health".

If your child tests positive for COVID-19, please follow current state guidelines found in the K-12 School Recommendations (<https://coronavirus.utah.gov/education/>):

If you have symptoms, stay home until:

- You have been fever-free for 24 hours without using medicine to lower your fever;
- Your symptoms have improved for 24 hours; and
- It has been at least 5 days from the day you were tested. The day you test positive is called day 0. Stay home until it has been 5 full days after you test positive (days 1-5). You must stay home for at least 5 days.

You may need to stay at home longer than 5 days if your symptoms have not gotten better.

If you never had symptoms, stay home until:

It has been at least 5 days since the day you were tested. The day you test positive is called day 0. Stay home until it has been 5 full days after you test positive (days 1-5). You must stay home for at least 5 days.

If your child has COVID-19 symptoms, please follow current state testing guidelines:

<https://coronavirus.utah.gov/protect-yourself/#testing-recommendations>

We appreciate the continued COVID-19 precautions taken by parents and school staff. Working together we can help slow the spread of COVID-19.