



Attention: **Nebo Parents**

*join our next Mental Health Series...*

## What Parents Need to Know About Suicide Prevention

Dr. Greg Hudnall offers experience and expert advice around how parents can help to prevent suicide

**Course Created by:**  
Dr. Greg Hudnall, Founder of Hope Squad

**This session covers the following:**

- The Basic Principles of Mental Health
- Why does suicide occur?
- The Warning Signs of Suicide
- What Not to Say and Do
- What You Need to Say and Do
- Where can you go for help?



**January 19, 2023**

**6:00–7:00 PM**

**via Zoom**

**Register Here**

<https://cookcenter.info/NeboJan19>

**Nebo**  
SCHOOL DISTRICT