

# Nebo News Nebo



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### **NEBO SCHOOL** DISTRICT'S SPECIAL POINTS OF INTEREST:

- Nebo District has approximately 35,000 students in 2021-2022.
- **Nebo District has** approximately 4,500 employees.
- Nebo District is the 6th largest district in Utah.
- **Nebo District is** the 5th largest employer in Utah County.

### **INSIDE THIS** ISSUE:

Celebrate	
Administrative	2
Appointments	

CareHere is now Premise Health

Nebo Classified Employees of the Year

**PEAK Awards** 3

Winter Academic 4 All-State

**Employee Critical 4** Policies

Celebrations

### **Superintendent** Rise Up — Even in Defeat

"A couple of weeks ago, the following headline seemingly summed up the life work of a hopeful Olympic athlete: American skier Mikaela Shiffrin's run at Olympic Games comes to an anticlimactic end without a medal.

Mikaela Shiffrin's 2022 Olympic Games came to an anticlimactic end on Sunday in the bronze-medal race of the wind-delayed

mixed team parallel skiing event. Shiffrin had been hoping to salvage her unexpected time in Beijing with one final shot at a medal. Instead, the squad lost to Norway in a tiebreak.

The 26-year-old was expected to win multiple medals at the Beijing Games and had expressed her hope to compete in all five individual disciplines. While she was able to participate in every event, not much else went to plan. Shiffrin recorded uncharacteristic "did not finish" results in the giant slalom, slalom and Alpine combined races; and she finished ninth in the super-G and 18th in the downhill. (D'Arcy Maine, ESPN.com)

Thankfully the story does not end, nor begin here because a two-week window of time does not define a life or a career:

The U.S. team embraced at the bottom of the mountain after discovering they had placed fourth and out of the medals. Still, Shiffrin remained positive after the race.

"I am not disappointed," Shiffrin said. "Today is my favorite memory. This was the best possible way that I could imagine ending the Games, skiing with such strong teammates."

Already one of the most decorated Alpine skiers in history and the owner of three previous Olympic medals, had Shiffrin won one medal, she would have tied for the most

> medals by an American woman in Alpine skiing. By competing on Sunday, Shiffrin became just the second woman in history to compete in all six Alpine events in the Olympics.

Reflecting upon the fourthplace finish in the mixed team event, in addition to the strug-

gles she experienced through this Olympics, Shiffrin declared:

"You just hope to do the very best you can and control the things you can, and we were that close to getting a medal today; and that is a testament to the work everybody has done this entire time, years leading up to these Games. It's not just today."

Mikaela Shiffrin is a champion who knows how to "Rise Up" in every circumstance. Thanks to each of you for demonstrating this same type of courage, optimism, and commitment to "do the very best you can and control the things you can." It is a "testament to the work everybody has done this entire time" of crisis. You are true champions who know how to "Rise Up!"



# Nebo Administrative Appointments

# Dates to Celebrate:

### March 1-31 National Nutrition Month Social Work Month Women's History Month

Youth Art Month

### March 2

Read Across America Day Dr. Seuss's Birthday

#### March 3

Adoption of U.S. National Anthem in 1931.
World Wildlife Day

### March 7-11

National School Breakfast Week School Social Work Week

#### March 8

International Women's Day

### March 13

Daylight Savings Time begins

### March 17

St. Patrick's Day

#### March 20

First Day of Spring

### March 21

**Great American Cleanup** 

### March 22

World Water Day





Michael Larsen Human Resource Director

Coral Lee Findlay



Alicia Rudd, Special Ed. & Federal Programs Director



Celeste Gledhill
Elem. Curriculum Coord.



Mike Duncan
Elementary Supervisor



Principal East Meadows Elem



Jennifer Grant Principal Brookside Elem.



Shaun Blakely
Asst. Principal Mapleton Jr.



Kacie Bosone
Human Resource Officer

### CareHere is now Premise Health

CareHere, which previously operated the Nebo Health and Wellness Center, has joined the Premise Health family. Nebo has been working with CareHere and Premise for a smooth transition with minimal impact to you.

Jennifer Jolley

Principal Spring Lake Elem. Principal Salem Elem.

First and foremost, this will not impact your care. The providers you know and trust are not changing. Premise acquired CareHere last year and are committed to improving access to healthcare.

The only other change you will notice and associated action you'll need to take is to sign up for your new patient portal. You will need to re-register to stay connected with online appointment scheduling.

Nebo School District is still committed to providing our employees convenient, quality and affordable healthcare and is also committed to your privacy. Nebo School District does not have access to your personal health records.

### **Important Information:**

You can access the CareHere app to look up your historical medical data through May 2022 but not

make appointments. Appointments already scheduled were moved to the new system.

March 7 - Clinic opened as Premise and the App went live. You will need to create an account for each of your dependents on this day. You do not need an access code to register.

**Please read through all steps.** Take a few minutes and create your account on the Premise website. You will need DOB and last four SSN for each person you are registering.

You can register on your computer then log into the app on your phone or register directly on the app. The app is called MY PREMISE HEALTH.

If you need help with your account, **please call Premise direct**. There are two ways that you can contact them. You can call 801-800-8873 (this is the customer service line). Or, go to the registration page and on the right side, there is a "Contact Support" button.

**How to register**: Go to the Premise website https://members.premisehealth.com/ch/.

Nebo looks forward to continuing to support our employees with access to high-quality healthcare.

### **Nebo Classified Employees of the Year**



2021-2022

Don Remy
District Classified Employee of the Year
Superintendent Rick Nielsen,
School Board President Christine Riley,
Human Resource Coordinator Ryan Kay







Don Remy Technical Services



Becki Pace Educational Technician



David Swenson Custodian



Cory Mendenhall Transportation



JoAnna Hall Secretary



Hank Peay Maintenance



Kara Foran Special Education Services

## February 2022 PEAK Awards

To read the nomination submissions, go to February 2022 PEAK Awards: <a href="https://www.nebo.edu/news/3684">https://www.nebo.edu/news/3684</a>.
To submit a PEAK Award nomination, go to employee page and scroll down, or go to: <a href="https://www.nebo.edu/PEAK">www.nebo.edu/PEAK</a>.



Nominated by: Nickie Carter
PEAK Award: Brittany Lundell, Teacher, Mapleton Junior
Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Deon Youd **PEAK Award: Adena Campbell, Teacher, Spanish Fork High** Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Lori Caras, Tona Graff, Shaun Blakely
PEAK Award: Brad Northcutt, Teacher, Springville High
Board President Christine Riley, Superintendent Rick Nielser



Nominated by: Patti Erickson
PEAK Award: Jeannie Olsen, Vision, District Wide
Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Kelly Cole Taylor **PEAK Award: Todd Moake, Campus Sup., Landmark**Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Alice Wilson, Jodi Terry, Larraine Nelson Melissa Jorgensen

**PEAK Award: Troy Hymer, Counselor, Mt. Nebo Middle**Board President Christine Riley, Superintendent Rick Nielsen



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Email: lana.hiskey@nebo.edu www.nebo.edu

If your successes are not listed, please get awards to lana.hiskey@nebo.edu with Award Nebo News in the subject line.



### **Winter Academic All-State**

### **Girls' Swimming**

Addington Bassett, MMHS Loryn Cook, MMHS Katherine Tingen, PHS Annabelle Colton, SFHS Lillian Brower, SHS

### Cheer

Alayna Burton, SHHS Halley Lyman, SHHS Chloe Peterson, SHHS Kya Powell, SHHS

### **Boys' Swimming**

Jack Nemelka, MMHS Jason Flinders, SHHS Kaleb Feland, SFHS

### Bovs' Basketball

Benjamin Millward, MMHS Ethan Dixon, PHS Landon Buttars, SHHS Spencer Fillmore, SHHS Stephen Strong, SHHS Ryan Flake, SFHS Jacob Nadauld, SHS

#### **Drill Team**

Cheyenne Ortiz, MMHS Kynslie Lewis, MMHS Hayley Ringger, PHS Hailey Campbell, SFHS Lillian Woidka, SFHS

### Girls' Basketball

Annika Vorkink, MMHS
Grace Knudsen, MMHS
Katelyn Smith, MMHS
Sheridan Liggett, MMHS
Abigail hales, PHS
Brekell Gammell, SHHS
Maloree Davis, SHHS
Hailey Wilson, SFHS
Haydn McMillan, SFHS
Emery Cardoza, SHS
Rie Briggs, SHS

### Wrestling

Bridger Warren, SFHS Isaac Woodbrey, SFHS

### **Nebo Employee Critical Policies**

To facilitate our Nebo employees completing Critical Policies training for the 2022-23 school year prior to summer break, Vector Solutions Critical Policies training will open on March 21, 2022, and must be **completed before** reporting to work on **August 11, 2022**. You can login at <u>Critical Policies training</u> using your Nebo employee number on or after March 21, 2022, to see the required training.

### **Nebo District's Celebrations**

### **Student Celebrations**

State Champions in Swimming:
Maddy Parker, 200 yard freestyle, SFHS
Maddy Parker, 100 yard freestyle, SFHS

**State Champions** in Boys Wrestling: Karson Shelley, 106 lbs., SFHS Colton Theobald, 138 lbs., PHS Landen Shurtleff, 175 lbs., PHS

State Champions in Girls Wrestling: January Langston, 100 lbs., PHS Ellie Jensen, 105 lbs., MMHS Ariana McGee, 115 lbs., MMHS Izzy Clements, 125 lbs., SHS

Hotaia Valeti, 155 lbs., SHS Nva Seiuli. 190 lbs.. MMHS

### **Employee/Program Celebrations**

Mary Alice McCarlie, SHHS, was honored as the FCCLA Advisor of the Year for Region 4.

### **Student Team Celebrations**

SHHS Show Cheer and Songleading/POM takes First at Nationals.

**MMHS Girls' Wrestling** State Champions for the second year in a row.

**SHS Girls' Basketball** State Champions for the second year in a row.



If you have noticed any wonderful people or experiences that need to be recognized, please email them to lana.hiskey@nebo.edu.