Nebo Hero

Nebo News



Superintendent's Message:

Prepare to Shine

VOLUME VIII ISSUE VII

One of my favorite "Rules of the Red Rubber Ball" is *Prepare to Shine.* Kevin Carroll reminds us that "each day is an opportunity to live out your life's work. There will be quiet moments as well as defining moments, which — if you shine — will propel you, but beware.

DISTRICT'S SPECIAL POINTS OF INTEREST:

NEBO SCHOOL

- Nebo District has approximately 33,000 students in 2018-2019.
- Nebo District has approximately 4,500 employees.
- Nebo District is the 6th largest district in Utah.
- Nebo District is the 5th largest employer in Utah County.

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"In order to shine in all moments, you must prepare. You must do your homework. Preparation means doing what I call the lonely work: the unglamorous tasks that no one tells you to do and the hard work that no one will notice" (p. 69-71).

Kevin follows up by telling his personal experience with hard, lonely, unglamorous work that led to his opportunity to earn a college degree and work as an athletic trainer. While I enjoyed the examples that he shared in the book, a simple exchange between Kevin and my own children really validated this principle.

After his keynote, Kevin took time to visit with two of my young adult children who had attended. They enjoyed hearing his stories, getting personalized autographs, and having him ask about their passions and interests in life. It was definitely a defining moment for them to have meaningful time with someone of his character.

It was the next day that Kevin really showed how to *shine.* My inbox had a message from Kevin that he had written during the night. I expected it to be a message about his visit and his experience in Nebo, but instead it was a message to my kids – providing them with resources and encouragement to follow their dreams.

Kevin didn't have to do that. He will likely never see my kids again, and they definitely did not expect anything from him beyond his autograph

> and a picture. However, he had really listened to what they told him, taken time to research information, and then shared it in a timely and meaningful way.

> I know that it took effort and a commitment to his passions for Kevin to *shine,* even though he wasn't on stage or in the spotlight.

This simple example reminded me that "pursuing your life's work requires work. The hard work, the lonely work is not always enjoyable, but as long as you do it in the name of your red rubber ball, you will shine" (p. 74).

Fuck D

A retirement luncheon will be held for all retirees on May 1, 2019, at 12:00. If you are planning on retiring please make an appointment with Robert Fleming in the Human Resource Department by calling 801-354-7480.



Dates to Celebrate:

March 1-31 Music in Our Schools Month National Nutrition Month Social Work Month Women's History Month Youth Art Month

March 2 Read Across America Day Dr. Seuss's Birthday

March 3 Adoption of U.S. National Anthem in 1931. World Wildlife Day

March 4-8 National School Breakfast Week School Social Work Week

March 8 International Women's Day

March 10 Daylight Savings Time begins

March 15 National Day of Action against Bullying and Violence

March 17 St. Patrick's Day

March 20 First Day of Spring Great American Cleanup

March 20-26 World Folktales and Fables Week

March 22 World Water Day





Troy Peterson Supervisor Jr. High/Middle Schools



Chris Loveless Principal Spanish Fork Junior



Amy Darrington Principal Cherry Creek Elem.



Kendall Call Assistant Principal Mapleton Junior



Nebo Administrative Appointments

Ryan McGuire Principal Mt. Nebo Junior High



Celeste Gledhill Supervisor Elementary Schools



Liz Blanton Assistant Principal Mt. Nebo Jr.



David Rockwood Assistant Principal Payson High



Tiffanie Miley Principal Springville Junior High



Wade Tischner Supervisor Transportation



Curtis Burton Assistant Principal Salem Hills High



Tona Graff Assistant Principal Springville High



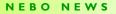
Matt Christensen Principal Spanish Fork High



Principal East Meadows Elem.



Keith Richards Assistant Principal Spanish Fork High





Keith Argyle District Classified Employee of the Year Superintendent Rick Nielsen, School Board President Christine Riley Human Resource Coordinator Ryan Kay





Cindy Manning Child Nutrition



Educational Technician



Niel Gasser Custodian

Valerie Johnson Transportation



Keith Argyle Maintenance

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Tracy Haskell

Special Education Services

February 2019 PEAK Awards

To read the nomination submissions, go to February 2019 PEAK Awards: http://www.nebo.edu/news/2705 To submit a PEAK Award nomination, go to employee page and scroll down, or go to: www.nebo.edu/PEAK.



Nominated by: Julie Major & Tina Wilkinson PEAK Award: Shauna Frossard, Sp. Tech., Hobble Creek Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Wendy LeFevre & Susan Langford PEAK Award: Debbie Webber, Media, Instruct. Media Center Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Danika Nuttall, Jana Russell, Dave Harlan PEAK Award: Suzette Harreld, Teacher, Canyon Elementary Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Matt, Alesha, Blake, Naomi, Kris, David, Chris, Chaleesa, Shannon, Alyse, Kathy, Lois, Travis PEAK Award: Shane Hansen, Custodian, Spanish Fork Junior Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Mariajose Zaugg & Hannah Camit PEAK Award: Dayna Vernon, Intern Faciliator, Santaquin Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Todd, Scott, Maria, Rebecca, Kyrsten, Scott, Leslie, Brenda, Susan, Mike

PEAK Award: Kara Trammell, Teacher, Diamond Fork Jr. Board President Christine Riley, Superintendent Rick Nielsen



Nebo School District Phone: 801-354-7400 Fax: 801-798-4010 Email: Iana.hiskey@nebo.edu www.nebo.edu

If your successes are not listed, please get awards to lana.hiskey@nebo.edu with Award Nebo News in the subject line.



A **Nebo** Hero

Lucas Isley, Teacher, Spanish Fork High, "He shares his talent and passion for photography every day with students. He teaches students how to be good people." Recognized by Andy Hunsaker.

Morgan Bulkley, Psychologist, Payson High, "He advocates for students with special needs. He truly supports bilingual students by taking on additional roles or tasks." Recognized by Casey Johnson.

Angela Jenkins, Teacher, Maple Ridge, "She took the time to watch my daughter in a play. Her kindness continues with my daughter. She truly cares about children." Recognized by Patty Maloy.

Jeannie Olsen, Vision Specialist, "She goes above and beyond getting children into summer camps and get them graduation services. She gets vouchers to cover costs for eye exams. She is passionate about what she does." Recognized by Amanda Kittell.

Susan Phelps, Teacher, Spanish Oaks, "She is an amazing teacher and friend. Students know she loves them. She also lets others know they are appreciated." Recognized by DeAnn Carter. Celesta Nielson, PE Tech., Santaquin, "She has a positive attitude and bubbly personality that makes everyone have a better day and feel welcome." Recognized by Hannah Camit.

Shelia Shaw, Finance, District, "I had remedial questions, and Shelia was patient, professional, and kind. She led me through step by step so kindly." Recognized by Connie Ericksen.

Nathan Mohler, Teacher, Diamond Fork Jr., "Nate gives 100% and puts others needs above his own. He is always concerned about students and wants to make a difference. He is truly a history buff. Students love his class." Recognized by Mandy, Shawn, Todd, Rhet, Brenda, and Mike. Robin Heath, Psychologist, Park, "She has many great ideas to implement and handles three different schools well. She spotlights others each week. She is fun, smart, kind and willing to help." Recognized by Tiffany Christensen.

Sara Matis, Principal, Maple Ridge, "She is one of the most kind people. She is always friendly and knows all the kids by name. She inspires us to be better." Recognized by Bethany Brown. Shannon Arroyo, Title I Coor., "She truly loves her kids. She goes to school plays, games, and concerts. She has a passion and shares it." Recognized by Jaymie Fellows & Arlene Haymond. Lenay Porter, Nurse, Sage Creek, "Lenay is competent, efficient, kind and so very helpful. She communicates well and is very responsive. She puts nervous parents right at ease." Recognized by Alison Hansen.

Haley Miner, Secretary Tech., Canyon, "Customer service with a smile during a terrible day when my daughter was sick. She was so happy. Thank you." Recognized by a parent.

Mary Brewer, Secretary, Sage Creek, "She was especially helpful to my two new children starting school. She texted my wife later in the day to tell her the children were comfortable and okay. They seemed to be making friends fast." Recognized by Todd and Alexis Claybaugh.

Kami Christensen, Mentor, District, "She is an integral part in my preparation for my new and various jobs. She came to my school and provided me with individualized coaching. She is always available for a quick question. She is everyone's best friend." Recognized by Sarah Sumsion. Charles Hanosek, Technology, Santaquin, "He helps with technology training for three to four schools. He does a great job showing us new ways to integrate technology. He is also very positive with us and students in the classroom." Recognized by Hannah Camit.