



If you are enrolled on the MetLife Accident or Critical Illness plans, MetLife will pay you for taking care of your health!

If you are enrolled in accident insurance or critical illness insurance you will receive a payment for screenings you may already be receiving. With MetLife's Health Screening Benefit, available with accident insurance and critical illness insurance, you'll receive a payout each year when you or one of your covered dependents have one of the covered screenings or tests.

Here's how it works

Susan goes to the doctor for an annual physical. Afterwards, she calls the MetLife Claims Department at 800-GET-MET8, or goes online at www.metlife.com/mybenefits. Susan receives her wellness payment within 10 days or less. It's that easy!

This benefit is separate from any other benefit you may be eligible to receive under your accident, and critical illness insurance plan.

Some of the covered screening/prevention measures are:

- Annual physical exam/Well child visit
- Biopsies for cancer
- Blood test to determine total cholesterol
- Blood test to determine triglycerides
- Bone marrow testing
- Breast ultrasound
- Colonoscopy
- Electrocardiogram (EKG)
- Human papillomavirus (HPV) vaccination
- Lipid panel
- Mammogram
- Skin cancer screening

Filing a Health Screening Benefit claim is easy!

Call- 1-800-GET-MET8 (1-800-438-6388). You will talk with a MetLife representative and they will file your claim over the phone, it's that easy. Have your physician's name, address, phone number, and testing information details available.

Or file online by using the below steps:

1. Log on to www.metlife.com/mybenefits and enter in your companies name in the Company Name field. Click the 'Next' button.
2. You will then see the 'Welcome to MyBenefits' page where you can register as a MyBenefits user or if you have already registered, enter your name and password.
3. Select "File a Claim Online" from the "I want to" dropdown.
4. Select "Wellness (Health Screening)".

Claims are generally processed within 10 business days

If you have any questions about the Voluntary Products, please contact:

VBCustomerService@gbsbenefits.com

801-819-7744