

Local Mental Health Providers

UTAH COUNTY	OASIS ASCENT 801.374.2121, Provo www.oasisascent.com	QUALITY YOUTH SERVICES Specializes in adolescents, group and individual therapy, all services can be delivered virtually 877.393.6232 www.qualityyouthservices.com	WASATCH BEHAVIORAL HEALTH accepts Medicaid or can apply for a school-based grant 801.852.3805, Payson www.wasatch.org	UVU COMMUNITY FAMILY MENTAL HEALTH CLINIC All sessions FREE 801.863.4780 800 W University Parkway, Orem, UT 84058 Monday 10am - 8 pm Tuesday - Thursday 8am - 8 pm Friday 8am - 4pm https://www.uvu.edu/community-clinic/
	TREK COUNSELING 801.600.0308 Springville, Payson, Orem, Murray www.trekcounseling.com	SAFE PASSAGE COUNSELING 801.449.1365, Orem www.safepassagecounseling.org	ENCIRCLE LGBTQ+ 801.613.7305 www.encircletogether.org/provo	JUVENILE JUSTICE & YOUTH SERVICES Free individual and family resources 801.491.0103 www.jjys.utah.gov/services/youth-services
	BYU COMPREHENSIVE CLINIC 801.422.7759 John Taylor Building (RLRB) 1190 N 900 E, Provo, UT 84602 \$15 Sessions 5 Free Sessions	PREFERRED FAMILY CLINIC, RANDY HYDE 801.221.0223 1355 N University Ave, Ste 200 Provo, UT 84604		
SPRINGVILLE	THE GEREEN HOUSE CENTER 801.210.7216, Springville www.greenhousecenter.org	RENEW RELATIONSHIP COUNSELING Any type of relationships, individual counseling 801.477.4084, Springville & American Fork www.renewrelationshipcounseling.com	SUNNY DAY COUNSELING, LLC 303.570.0119 376 E 400 S, Ste 5, Springville sunnydaycounseling.com	TREK COUNSELING 801.600.0308 Springville, Payson, Orem, Murray www.trekcounseling.com
	CLEAR HORIZONS 801.206.4200, Springville & Orem clearhorizons.org			
SPANISH FORK	The Marriage & Family Clinic Specializes in working w/ LGBTQ+ clients 385.283.0502, Spanish Fork www.marriageandfamilyclinicutah.com	Hobble Creek Behavioral Health In-person and Telehealth Options 435.314.9623, Spanish Fork www.hobblecreek.org	NEBO COUNSELING 385.448.1611, Spanish Fork www.nebocounseling.com	COURSE COUNSELING 801.901.3330, Spanish Fork https://www.coursecounseling.life
	HOPE THERAPY specialize in adolescents 801.515.2282, Spanish Fork www.hopemft.com			
SALEM	SANDSTONE PSYCHOLOGY 801.382.9338, Salem & Payson www.sandstonepsychology.org	SUNRAY FAMILY COUNSELING 435.283.4690, 801.465.7842 805 S 500 W, Payson, UT 84651 sunrayfamilycounseling.com		
PAYSON	PERFECT BALANCE COUNSELING In-person and telehealth options Specialized in adolescents, individual, family and couple therapy. 801.864.0801, Payson www.perfectbalancecounseling.com	WASATCH BEHAVIORAL HEALTH accepts Medicaid or can apply for a school-based grant 801.852.3805, Payson www.wasatch.org	KEYSTONE FAMILY COUNSELING 801.380.9305, Payson	ZEST FOR LIFE COUNSELING 801.980.2566, Payson www.zestcounseling.com
	TREK COUNSELING 801.600.0308 Payson, Springville, Orem, Murray www.trekcounseling.com	SANDSTONE PSYCHOLOGY 801.382.9338, Payson & Salem www.sandstonepsychology.org		