

CareHere!

HOW TO REGISTER AT CAREHERE.COM

1 Go to **CareHere.com** and click **Member Login** then **Register with an Access Code**

CareHere!
Member Login

Username
Password
Remember Me?
Login

[Forgot Username](#) · [Forgot Password](#) · [Need Help?](#)

[Register with an Access Code](#)

2 Enter **Access Code**

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Step 1 Access Code Step 2 Identify Self/Contact Step 3 Personal Details Step 4 Account Setup Step 5 Confirmation

***Use code NSD2start**

Access Code

ENTER ACCESS CODE

An access code is provided by your Human Resources or Benefits coordinator.

Cancel Next

3 Complete **Steps 1-5**

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Step 1 Access Code Step 2 Identify Self/Contact Step 3 Personal Details Step 4 Account Setup Step 5 Confirmation

Access Code

ENTER ACCESS CODE

An access code is provided by your Human Resources or Benefits coordinator.

Cancel Next

4 Complete:

- **Health History Questions**
- **Personal Information**
- **Email Confirmation**

Registration

Health Questionnaire

Please click "Record Values" to answer the questions below.

Personal Information

Question	Range	Units	MM/DD/YYYY
Behavioral Are you planning on making changes to any of the following areas?			MM/DD/YYYY
Tobacco and Nicotine Do you use tobacco products?	Range	Units	MM/DD/YYYY
Preventive Screens When was the last time you had your blood pressure checked? When was the last time you had a dental visit?	Range	Units	MM/DD/YYYY
Exercise How many days a week do you exercise at least 20 minutes?	Range	Units	MM/DD/YYYY

Record Values

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