

FREE RELATIONSHIP CLASSES!

COURSES NOW AVAILABLE ONLINE

[Register at healthyrelationshipsutah.org](http://healthyrelationshipsutah.org)



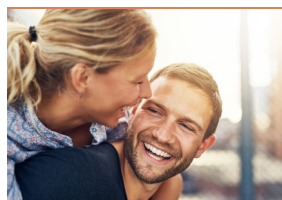
DATING

If you are single or dating

HOW TO AVOID A JERK OR JERKETTE

Get answers to questions like

- Will this relationship work?
- What should I know about someone before taking the next step?



COUPLES

If you are married or in a committed relationship

COUPLES LINKS

Get answers to questions like

- How do we forgive and move forward?
- In what ways can I help my partner feel loved?



FATHERHOOD

If you are a father

24:7 DAD

Get answers to questions like

- What is my role as a father?
- How do I get involved and successfully discipline?



FATHERHOOD

If you are a father

HOME RUN DADS

Get answers to questions like

- How do I communicate effectively with my children?
- How do I build teamwork with my children?

EXTENSION 
UtahStateUniversity



 **Healthy Relationships Utah.org**

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