



NEBO SCHOOL DISTRICT ADMINISTRATIVE DIRECTIVE

Directive
No.
6.10

SECTION: STUDENTS
TITLE: PE CLOTHING
DATE: NOVEMBER 2022

SUPERINTENDENT APPROVAL: 

Beginning January 2023, Nebo District secondary school students will have the option of whether or not to change into PE clothing for basic physical education and dance classes. This means individual students have the opportunity to decide whether or not they want to change into PE clothing or wear their other school clothing for PE and dance activities; and a student's academic and/or citizenship grade cannot be adversely affected by this decision. Students will still be expected to fully participate in class and a student's academic and/or citizenship grade can be affected by their level of participation.

Educators should encourage all students to wear clothing/footwear that is comfortable, safe and appropriate for the activity, and suitable for the weather. Educators may also share reasoned information associated with the decision to change into PE clothing or not, but must honor and respect the final decision of the student in a professional and responsible manner.

This change in practice is intended to promote greater student participation and emotional wellbeing, while reducing ever-increasing parental and student concerns associated with changing requirements. It is anticipated that many students will continue to change into PE clothing, with locker rooms available for students who make this choice. Many advanced PE and dance courses (see table below*) will still have a requirement for student participants to change in PE clothing in order to support student safety.

Courses for which changing into PE clothes may still be required and grades may be affected are as follows: *

- All "Advanced Conditioning" Courses
- Advanced Weight Training/Power Lifting
- Cheer
- Drill
- Dance Company
- Courses for which Concurrent Enrollment (CE) Credit is available

The courses specifically listed above are the only ones that are approved.