

Positive Healthy Rewards used in Nebo School District

Source: as submitted by employees

Healthy classroom rewards used in Nebo School District

1. Pencils
2. I am not in the classroom every day although as I meet with my mentor student I decided not to give candy. So I started with fruit ex: apple/orange. Some of my students like pencils or pens. I just pick them up at the \$1 store. I even have give journals and notebooks. I got suggestions from the students!
3. Switch desks with anyone
4. Sit in teacher's chair
5. Write with a fancy pencil or mechanical pencil
6. 5 minutes free time
7. Get the class mascot on their desk (ours is a little squishy fish ball)
8. Draw on the big white board
9. Get their name on the BINGO board
10. Wear a special hat
11. Get to take pictures with the class camera
12. Give a penny
13. Free time; inexpensive books; stickers; cool pencils or pens; little notebooks; homework passes; gum; extra credit on an assignment of student's choice; praise note home; time to play game or eat lunch with the teacher and invite a friend
14. Allow a rewarded student to sit in a teacher rolling chair
15. Allow the rewarded student to sit by a friend
16. Let students use the following items during independent work.
king or queen with a crown
17. Seat cushion
18. Special pencils or pens
19. Free time/computer time
20. Less math problems
21. Teacher assistant
22. Line leader
23. Supply manager
24. Eat lunch with the teacher
25. Every month, I make a "Ghost Writer" board. I change the name each time, but it is essentially the same thing. It is a poster board with a 5x6 grid on it. In each square is written a reward. It is written with a white Crayola Color Changeables marker. When the student earns a reward, they color in a square with one of the colored Crayola Color Changeables markers and it magically appears! I have done non-expensive rewards such as:
26. -Teacher chair (I set the time they can use it)
27. Free assignment
28. Extra recess
29. Lead class in stretches
30. Prize box
31. Lunch with the teacher (I don't pay for it, they just bring their lunch to the classroom.)
32. Name on the bingo board (They love it! 2 rewards in 1!)
33. Whiteboards (to practice handwriting or math)
34. Use teacher's whiteboard markers

35. They seem like such simple, silly rewards, but they LOVE them! This month is Winter Wisher, and when I tell them, "I am looking for 2 Winter Wishers for Math today," they are instantly at attention.
36. Another thing I do is group points. The group that wins chooses a reward from the door. The rewards are the same things as listed above, but instead of it being for an individual, it's for the whole group. VERY effective.
37. You know when a kids does well on work in school , Nothing makes more happy with a cute sticker for the young ones and for the older kids
38. Just praising them makes it all rewarding with a congr. or maybe just a little time out early for class....
39. When I go to workshops or conventions, I pick up the "freebies" given out at the booths by vendors to add to my stash of rewards for students.
40. Activities can be more rewarding than food. I substitute 10 minutes of free time for a treat when my students earn it. School and art supplies like erasers, cool pencils and pens, stencils, etc can be extremely reinforcing.
41. I work as a School Psychologist and I give my students tangible rewards like mini sports bouncing balls, bookmarks, bracelets, or mini brain teaser puzzles. All of these are available from Oriental Trading and, even at the high school level, I find that students like these rewards just as much as they like candy.
42. In my "Art Class" I have a treasure box filled with art supplies.. pencils, erasers, pens, pencil sharpeners, note books, compasses, protractors etc... When I feel as though someone has earned a reward then I let them pick out of my treasure box what ever they would like to have.
43. I put pencils with different designs on them (including FBLA& DECA) and CTE (Career Technical Education) notepads in the basket they get to choose from when they earn a reward. We give out Spanish Fork High items and clothing, and gift cards for students who receive rewards in our DECA and FBLA clubs.
44. Extra Credit points are always a good reward.
45. Zero Hero Treats - Life Saver Fruit Snacks
 - A - apples
 - B - bananas
 - C - carrots
 (Kindergarten has so much fun using the alphabet to snack healthy)
46. I have a box with "treats" in it. These treats are not food, but they are little items that are fun for students. For example, I have cute pencils, notepads, silly putty, sports wristbands, slap bracelets that have animal prints, glow-in-the-dark yo-yos, sports and flower key chains, bubbles, chap stick, pencil sharpeners, etc. Students really enjoying choosing one of these. I usually allow students to choose a "treat" after some type of competition (test review game, who can list the most____, etc.) Things are switched up enough that I think most students have a chance at some point to choose a treat.
47. The little air bags that come as packing material in boxes - kids love to "earn" one of these and pop it.
48. Your teacher pictures from school pictures - finally someone who actually WANTS your school picture!
49. Treasure chest to choose from for different achievement levels: pencils, erasers, sharpeners, book covers, Happy Meal prizes, etc.
50. Our class receives game free time, computer time, one on one time, and our classroom earned a Wii and they to exercise activities on the Wii.
51. We're not supposed to let our students out early from class--but each term our students receive Diamond Back Cards with a few sanctioned early lunches and early out of class passes--I've noticed that letting my students use their Diamond Back Cards to leave 1 or 2 minutes early for lunch or at the end of school can motivate them to do almost anything.
52. No journal write or skip an assignment
53. Sit at teachers desk for a day
54. Be the TA for a Day or a week
55. Movie pass
56. Nap time
57. Talk time

58. Sit in teachers big chair
59. Game day
60. Free day
61. Watch video
62. No homework for a day or a week
63. Slinky
64. Yo-Yo
65. Other trinkets
66. Drawing time
67. I've found that a few extra credit points is often an appreciated reward.
68. I run bank accounts in my classroom. I only pass out money periodically in \$10 and \$20 amounts. They will do pretty much anything for that paper money. Kids can use money they earn to pay back for citizenship lost, hall passes (I don't give them for free), extra credit, pens/pencils, homework passes, AND candy. Honestly I sell more extra credit and hall passes than anything else. Sometimes my treats go bad just hanging out waiting for someone to want them. Pens and pencils are \$50, while treats and everything else start at \$100, so it takes them time to accumulate enough money to do anything.
69. I often get rulers, key chains, book marks, fancy pencils, all kinds of stuff like that. There are catalogs with all kinds of ideas in them. Also, passes for different things, such as first in line at lunch, sitting at a special table at lunch, first in at the assemblies or front row. A good book. Some of the books on the book order are really cheap, but the kids love them. Books of puzzles, jokes, tricks, or even trading cards with different subjects on them. Coupons for lunch with the principal, or a class period following him around on his job. Maybe something like a special picture taken with a group of friends, a favorite class, a favorite teacher. Time on the computer with a really cool program that few people get to use, like the one that distorts faces. Really the possibilities are endless.
70. Yay for no more sugar treats!!!!
71. I give out fake money to my students when they stay on task or perform well. They can use this money to buy late-work passes, hall passes, pens or pencils, citizenship points, or even a very small amount of extra credit. I actually also allow them to buy treats as well, but they cost quite a lot, and the treat is just one piece of candy. Usually students don't even take this option because the other options are so much more tempting.
72. You've probably already received this idea, but giving extra credit points as an incentive has worked the best in my class. I usually do a small amount that would still help their grade (around 5 points). Sometimes I only offer extra credit as the incentive, and sometimes I give the students a choice of candy or extra credit. Usually about half the students choose extra points and half choose candy.
73. I give bonus points instead of candy (when we play a review game, the winning team gets a bonus point on their test). Hope that helps.
74. I would love to give pencils to kids as a reward---since it's something they often need, but I don't know where to buy billions of them for a cheap price.
75. Erasers, pencils
76. Free time
77. Extra hall pass
78. Teacher does something cool or funny (If you ____, I'll speak in a French accent all period)
79. Read-aloud time
80. Good work is posted on class web page
81. Notes
82. Our PE teacher says that having photos taken of winning teams for the bulletin board work great!
83. Another told me that just a competition in and of itself works well without candy.
84. Class money system which allows students to earn and save "money" to use in a class store at the end of each term. (This is great for individual recognition)
85. Class marble jar which allows the whole class to work together to earn marbles that will fill the jar. When the jar is full, the class will receive a predetermined award....extra PE time, read-a-thon, extra recess, a class movie, etc.

86. "Hang man" puzzle on the board in the front of the room can be used to reward students by putting letters in the blanks to reward their good behavior. A special prize (class money?) could go to the first student to solve the message in the puzzle. The puzzle will state a reward the class has earned....example: "Y__ h ___ j _ s t ___ r n _ d _ x t r _ r _ c _ s s !" (It states "You have just earned extra recess!")
87. Homeworkopoly.com has a great "monopoly" game for printing and posting in the classroom. The kids get to roll the dice and play for prizes and special privileges. I play this every Monday morning with my class. When they are finished with their homework, I give them a paper to write their name on and put it in a jar for Homeworkopoly. Then on Mondays I draw 10 names out of the jar and those are the people who get to roll the dice for that week.

Give ideas for healthy classroom celebrations

1. Pin the tail on the donkey
2. Theme days: pajama day, teddy bear day, hat day, game day
play with the parachute
3. Dancing in the gym
4. Art day
5. Extra recess
6. Pirate party
7. Time to play game or eat lunch with the class; getting to listen to music at a celebration
8. Game time: math games, board games, outside games
9. Shoes Off Party - kids get to have their shoes off while in the classroom for an entire day.
10. Students get to bring their favorite toy to school and they get to play with them for a half-hour.
11. Game break - students get to play with the board games I have for inside recess days.
12. Run to the fence and back - if my students have a good day they get to run out to the back fence and back this sounds like a strange celebration, but I told them the first time they get to run to the fence and back and now they ask for it every day. They love it!
13. I hold a class auction every term before SEP's. Throughout the term, the students are given the opportunity to earn class 'money' (slips of paper with my name written on it valuing from \$1-\$20) I sell things that are donated to me, or that I find for really cheap so that it isn't too expensive for me, but things kids love. It has been extremely successful.
14. Another thing I do is 'Fun Friday'. Throughout the week, the students earn minutes toward an activity Friday afternoon. When they are doing well (following directions, participating, etc.) I add minutes to the total. When they are not doing what they need to be, I subtract minutes. We average about 40-50 min. earned a week. The activities aren't usually anything big. I bring in some games, an art project, dance party, etc. We have a good time.
15. These younger kids love playing games what ever holiday it is. Bingo is a fun game to play with a treat to use for the marker....
16. Parties that focus on the food from a particular culture can not only be educational, but also healthy. Rather than having a pizza party, for example, having a sample of exotic fruits and highlighting where they came from.
17. Special privileges like private tours of the school (i.e. behind the scenes, or "ghost tours") are always interesting. As well as a classroom free days to play games, dance, listen to music or just "hang out." Playing the Wii in competitive ways with teams and special prizes for winners is a great way to get in some exercise and fun.
18. We have a free day.. I set out all the art supplies and I let them draw or paint with whichever medium that they want to.
19. We celebrated a little Thanksgiving Feast in November. The students rotated through centers.
 - 1) Non-healthy Cookie Decorating
 - 2) Vegetables (My kindergarten students loved the carrot sticks and spreading peanut butter or cream cheese on the celery sticks and sprinkling them with raisins)

- 3) Scones with homemade butter and sugar-free jam or honey
- 4) Popcorn in the TeePee while listening to stories
- *Next year I will make the feast filled with more healthy choices but it was a fun start!
- 20. I teach Foods and Nutrition, so my students enjoy fun, more difficult cooking labs as rewards. For example, classes with exceptional citizenship point and attendance scores at the end of a term or semester usually get one extra cooking lab.
- 21. Instead of a Halloween party I invite my students to dress as a favorite book character and bring the book. We try to guess which character each student is dress as and share books. Instead of a Valentine party we have a Manners Party and serve fruit and veggies (okay, and a little cookie). Parent volunteers teach students table manners and students get to practice these during our party.
- 22. Instead of a Christmas party we have a craft day. Students make gifts to give to relatives or friends. We serve a healthy snack (yogurt, fruit, etc.) during the activity.
- 23. Popcorn/movie days for whole classroom achievements
- 24. Free day to read or do work from another class if a student finishes early--individual
- 25. Bowling, dance, game day, free day

Give ideas for healthy school wide rewards or celebrations

- 1. Treasure tower
- 2. Read-a-thon
- 3. Karaoke
- 4. Make an ice cream sundae out of the principal
- 5. Carnival
- 6. Certificates of achievement (recognition, especially in front of others); movie tickets/passes;
- 7. Field games in middle of year and at end
extra fun assemblies which are teacher directed
- 8. A prize from the dollar store or a sticker always makes a kids day....
- 9. At the high school level kids LOVE freedom and are very motivated by it.
- 10. Free "tardy" passes that allow kids to get to school 5-10 minutes late (from lunch or in the mornings) are great rewards.
- 11. Also, "a day in the life of..." rewards where the student gets to shadow a favorite staff member for a day or half day are fun motivators that help build positive relationships between faculty and students.
- 12. An "Arts Assembly" that can be arranged for the whole school or just a few classes.
- 13. For Walk to School Day our PTA got donations of bottled water and granola bars from local grocery stores.
- 14. Movies
- 15. Skating parties
- 16. Field trips
- 17. Pencils,
- 18. Caught you doing good rewards,
- 19. Student of the month
- 20. Activity day in gym or outside.