

Nebo News



VOLUME IX ISSUE I







NEBO SCHOOL DISTRICT'S SPECIAL POINTS OF INTEREST:

- **Nebo District has** approximately 34,000 students in 2019-2020.
- **Nebo District has** approximately 4,500 employees.
- **Nebo District is** the 6th largest district in Utah.
- **Nebo District is** the 5th largest employer in Utah County.

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Superintendent Introduces Theme 2019-20 "Discover the Power Within"

Superintendent Rick Nielsen reflected on his childhood and referenced the "penny candy" he savored, including Zotz. He titled his remarks, "You Can Learn Lotz from a Zotz" and referenced the candy that everyone was given as they walked into the auditorium at Salem Hills High. The Superintendent mentioned that regardless of your plot for eating a Zotz and when you pop your Zotz, you will "Discover the Power Within."

Superintendent Nielsen said, "Just like there are lots of plots for eating a Zotz, there are countless ways to 'Discover the Power Within' you. I am sure that you have many of your own strategies and ideas."

Superintendent Nielsen suggested an additional resource. A favorite book of his is titled, "The Resilience Breakthrough," by Christian Moore. He is "convinced that each of us has a power hidden within, something that can get us



through any kind of adversity. That power is resilience." Here are four:

- Relational,
- Street.
- Resource, and
- Rock Bottom Resilience.

The Superintendent concluded with a story called, "You can learn Lotz from a Zotz" designed to help us all remember. To read the story go to: http://www.nebo.edu/news/2872. [Just in case you forgots!]

#DiscoverPowerWithin

Detour—Winning When Life Doesn't Go According to Plan

Courtney presented that, "Hard work usually pays off. But sometimes, no matter how hard you work, your plans just... DON'T work." Courtney provided proven techniques to help Nebo employees deal with life's detours with humor, resilience, and tenacity.

At the end of Opening Institute, educators understood how to...

- Discover how to let go of "the plan"
- Identify ways to maintain personal power during transition and
- Develop measures to increase perspective and adaptability



Dates to Celebrate:

Sept. 1-30

Library Card Sign-up Month **Good Manners Month Backpack Safety Month**

Sent 1

Random Acts of Kindness Day

Sept. 2 Labor Day

Sept. 4

National Wildlife Day

Sept. 8

International Literacy Day National Grandparents Day

Sept. 13

National Day of Service and Remembrance Kids Take Over the Kitchen Day

Sept. 8-14

National Arts in Education Wk.

Sept. 15-Oct. 15

Hispanic Heritage Month

Sept. 16-20 National PTA Back to School

Week Sept. 17

Citizenship Day Commemorating adoption of the U.S. Constitution in 1787

Sept. 21

International Day of Peace

Sept. 23

First Day of Autumn

Sept. 24

National Voter Registration



Nebo Social Media—The Latest Information

Please take a quick minute, right now, and follow Nebo School District on social media. Please LIKE, FOLLOW, and SHARE Nebo School District including Facebook, Instagram, and Twitter to stay updated on current events and announcements. Remember to RATE your own school on Facebook as well as Nebo School District.



Nebo School District





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Nebo Administrative Appointments



Michael Sorensen Assist. Principal Diamond Fork Junior Assist. Principal Mt. Nebo Junior



Minimal Day Schedule

September 16, 2019

SECONDARY:

8:30-10:00 a.m. Joe Hendershott at MMHS for all SECONDARY school counselors, social workers, psychologists, behavior teams, OT/PT, nurses, skill building technicians.

1:00-2:30 p.m. Joe Hendershott at **MMHS** for all SECONDARY teachers and administrators.

ELEMENTARY:

8:30-11:30 a.m. Jessica Minihan at ALC for all ELEMENTARY school counselors, social workers, psychologists, behavior teams, OT/PT, nurses, skill building technicians.

1:00-2:30 p.m. Jessica Minihan at **SHHS** for all ELEMENTARY teachers and administrators.

PARENT NIGHT:

7:00 p.m. Parent Night at SHHS

Nebo Critical Policies Due by September 16

In compliance with District Policy and State Law, all district employees must complete the Employee Training and Certification, including Critical Policies. The purpose of this training is to certify that all Nebo employees understand the laws, procedures, and policies they are expected to follow and to ensure the safety and well-being of all students, faculty, and staff.

The due date for completion is September 16. To access the training go to the Nebo Employee Home Page on the Nebo Website and click on "Employee Training and Certification." Your login is your firstname.lastname and your password will be your Nebo email password. If you have trouble completing this training or have questions about policies, please contact your supervisor.

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Nominate Employees for PEAK Awards

Do you know someone in our schools and/or departments who really "gets it" when it comes to exceptional customer service? If so, Nebo School District, Nebo School Board of Education, and the Superintendent Staff want to recognize them for having a positive impact on our customers—students and parents. We are looking for an employee that has Positive Energy And Kindness (PEAK), that has made a special effort by performing remarkable customer service.

We encourage you to look for opportunities to nominate your coworkers and other Nebo employees who demonstrate exceptional service.

All nominations will be reviewed, and qualified candidates may be recognized at the Nebo School District Board meetings and/or in the Nebo News. (Keep nomination secret until announced.)

If you received EXCEPTIONAL customer service, you may nominate the person for the **PEAK Customer Service Award.** Please visit Nebo's website on the employee page, scroll down to the PEAK Award or go to www.nebo.edu/PEAK
click on the PEAK Award link to tell us about your experience today. (Keep nomination secret until announced.)



June 2019 PEAK Awards

To read the nomination submissions, go to June 2019 PEAK Awards: http://www.nebo.edu/news/2833. To submit a PEAK Award nomination, go to employee page and scroll down, or go to: www.nebo.edu/PEAK.





Nominated by: Samantha Jasperson

PEAK Award: Vonna Johnson, Child Nutrition, Park View

Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Nebo School District
PEAK Award: Nedra Call, Curriculum Director
Assist. Superintendent Scott Wilson, Board President
Christine Riley, Superintendent Rick Nielsen



Nominated by: Khristen Massic & Ronda Hair

PEAK Award: Carl Heywood, Bus Driver, Transportation

Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Minon Tallon, Connie Mattinson, Sheila Lotz, Vickie Davis, RaShel Shepherd





Nominated by: Bethany Clark & Jolene Hale
PEAK Award: Starr David, Teacher, Cherry Creek Elementary
Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Karlee Gull & Jessica Root
PEAK Award: Jill Hanks, Facilitator, Mt. Loafer Elem.
Board President Christine Riley, Superintendent Rick Nielsen

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Email: lana.hiskey@nebo.edu

www.nebo.edu

If your successes are not listed, please get awards to lana.hiskey@nebo.edu with Award Nebo News in the subject line.



Nebo Employee Assistance Program

Did you know that Nebo School District has an Employee Assistance Program (EAP) that is 100% **FREE** to all Nebo employees?

What is an EAP - An Employee Assistance Program (EAP) is a voluntary, work-based program that offers free and confidential assessments, short-term counseling, referrals, and follow-up services to employees who have personal and/or work-related problems. EAPs address a broad and complex body of issues affecting mental and emotional well-being, such as alcohol and other substance abuse, stress, grief, family problems, and psychological disorders.

Nebo believes that employees are at their best when their body, as well as their mind, is healthy, free from worry and stress. Blomquist Hale can help with the following:

We Can Help With





Marital & Family counseling



Stress, Anxiety or Depression



Personal & Emotional Challenges



Grief or Loss



Financial or Legal Problems



Substance Abuse or Addictions



Senior Care Planning



BLOMOUIST HALE

Salt Lake City: (80 Ogden: (80 Provo/Orem: (80 Logan: (43

(801) 262-9619 (801) 392-6833 (801) 225-9222 (435) 752-3241

For emergencies, call us 24/7 1-800-926-9619



If you have noticed any wonderful people or experiences that need to be recognized, please email them to lana.hiskey@nebo.edu.