

Nebo News



NEBO SCHOOL DISTRICT'S SPECIAL POINTS OF INTEREST:

- Nebo District has approximately 32,000 students 2014-2015.
- Nebo District has over 3,600 employees.
- Nebo District is the 6th largest district in Utah.
- Nebo District is the 5th largest employer in Utah County.

INSIDE THIS ISSUE:

Dates to	2
Celebrate	
Administrative	2
Appointments	
Filling Buckets	2
Saving Lives	3
PEAK Awards	3
Celebrations	4
Nebo's Mission	4

"BE THE MAGIC" EVERYONE HAS A CUSYOMER

While walking through one of our district schools earlier this year, I noticed their theme focused on being "Bucket Fillers." This theme is founded on concepts in the book, "How Full is Your Bucket," by Tom Rath and Donald O. Clifton.

VOLUME IV ISSUE VII

Their "Theory of the Dipper and the Bucket" is this:

- "Each of us has in invisible bucket. It is constantly emptied or filled, depending on what others say or do to us. When our bucket is full, we feel great. When it's empty, we feel awful.
- "Each of us also has an invisible dipper.
 When we use that dipper to fill other people's buckets by saying or doing things to increase their positive emotions we also fill our own bucket. But when we use that dipper to dip from other's buckets by saying or doing things that decrease their positive emotions we diminish ourselves.
- "Like the cup that runneth over, a full bucket gives us a positive outlook and renewed energy. Every drop in that bucket makes us stronger and more optimistic.
- "But an empty bucket poisons our outlook, saps our energy, and undermines our will. That's why every time someone dips from our bucket, it hurts us.
- "So we face a choice every moment of every day: We can fill one another's buckets, or we can dip from them. It's an important choice – one that profoundly influences our relationships, productivity, health, and happiness."

Dennis Snow teaches similar concepts in his chapter titled "Everyone Has a Customer." He says:

- "It's important for every employee in the company to treat each other the way they're expected to treat customers."
- "I can always tell when an organization's employees genuinely care for each other.
 There's a feeling of warmth, energy, and fun."

One of the greatest blessings of working in education is the opportunity to associate with so many good people who are "bucket fillers." I feel it in your offices, your kitchens, your classrooms, and hallways. It is my hope that we can all **"BE THE MAGIC"** for our coworkers by

focusing on filling their buckets.

(Quotes from "How Full is Your Bucket," and "Lessons From the Mouse: Everyone Has a Customer.")





PAGE 2

Administrative Appointments

Dates to Celebrate:

March 1-31

Music in Our Schools Month National Nutrition Month Youth Art Month

March 1 Peace Corps Anniversary

March 2 Read Across America Day Dr. Seuss's Birthday

March 2-6

National School Breakfast Wk. Newspaper in Education Week School Social Work Week

March 3 Adoption of U.S. National Anthem in 1931.

March 9 Daylight Savings Time begins

March 11 Johnny Appleseed Day

March 16-20 Poison Prevention Week National Wildlife Week

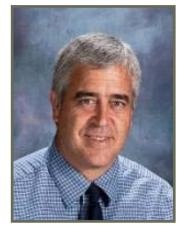
March 17 St. Patrick's Day

March 18 National Agriculture Day

March 20 First Day of Spring



Sara Matis Principal New Maple Ridge Elementary



Spencer Sainsbury Principal Westside Elementary



Frank Daybell Principal Spring Lake Elementary



Billi Robbins Principal Taylor Elementary



Five Strategies on Filling Buckets

- 1. Prevent Bucket Dipping:
- Simply ask if you are adding or dipping, then try to catch yourself in the act of bucket dipping – then stop it.
- 2. Shine a Light on What is Right:
- Begin to draw attention to things others do well and what you like about them.
- 3. Make Best Friends:
- Become the person known for noticing when others do a great job. You might start to notice that more and more people want to be around you.
- 4. Give Unexpectedly:
- The vast majority of people prefer gifts that are unexpected...and the gift doesn't have to be anything big or even tangible.
- 5. Reverse the Golden Rule:
- Do unto others as they would have you do unto them.

Literally Saving Lives...

Nebo Employee's True Testimonials:

Testimony 1: "One Nebo employee was very upset and even angry that she had to have the health screening or have money deducted from her paycheck. She waited until the very last day to go to the doctor without being penalized. While there, she was sent for a biopsy of two areas of concern. The results were a malignant growth. Medical personnel are extremely positive and optimistic that the growth was caught barely early enough to avoid chemo and radiation if the entire malignant tumor can be removed surgically. Surgery is currently scheduled. The outcome would be much different had she not gone to the doctor. Waiting any longer would be disastrous."

Testimony 2: "I felt great; but when I went in to the doctor, she asked if I had anything else bothering me. I said, 'My skin is weird...' Luckily we caught skin cancer before it was very bad." Testimony 3: "In the past, I have been a reluctant participant in Nebo School Districts' required health screening. This past August, I attended the Benefits Fair and did the health screening there. A friend of mine who works in the health professions was there and looked at my numbers, asked me a few guestions about my family history, and became very concerned. His concern coupled with my own family's concerns led me to get the medical health check up with my doctor. During that check up, he decided to do an EKG on me. The readings were such that he referred me for a stress test immediately. The stress test showed problems. I was encouraged to have surgery the next day. A few days later, my health was addressed by surgically installing a heart stent which opened up three blockages. Had I not had the health screening, there is a high likelihood of my having a major heart attack which I would not have survived."

February PEAK Awards

To submit a PEAK Award nomination, go to employee page and scroll down, or go to: www.nebo.edu/PEAK



Nominated by: Lindsay Duke PEAK Award: Joann Kirk, Teacher, Park View Superintendent Rick Nielsen & Board President Kristen Betts



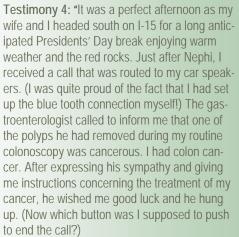
Nominated by: Jessie Simonsen & Maggie Mecham PEAK Award: Jennifer Baldwin, Teacher, Cherry Creek Superintendent Rick Nielsen & Board President Kristen Betts



Nominated by: Michael-Ann McAfee **PEAK Award: Tina Wilkinson, Teacher, Hobble Creek** Superintendent Rick Nielsen & Board President Kristen Betts



Nominated by: Scott Carson **PEAK Award: Mark Van Wagoner, Teacher, Landmark** Superintendent Rick Nielsen & Board President Kristen Betts



"We were at first stunned. Then I went into denial, then a touch of sadness, anger, and then, both my wife and I felt gratitude. The cancer was diagnosed in its early stages. The prognosis is good. Up until now, I had been ambivalent at the requirements of the Wellness Program (especially the colonoscopy that my Dr. recommended!) Now, I know that it was one of the most important steps I have ever taken. Thank you!"





Nominated by: Kaye Isakson & Billi Robbins **PEAK Award: Tammie Banks, Bus Driver, Transportation** Superintendent Rick Nielsen & Board President Kristen Betts



Nominated by: Abbie Finlinson PEAK Award: Cindy Manning, Lunch Secretary, Wilson Superintendent Rick Nielsen & Board President Kristen Betts



Nebo School District

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If your successes are not listed above, please get awards to lana.hiskey@nebo.edu with Award Nebo News in the subject line.

Nebo District's Celebrations

Student Celebrations

Sierra Bonita student council members visited the Utah State Capitol after they wrote an essay stating reasons why it would be beneficial for lawmakers to spend time in schools before making laws.

MMHS Science Olympiad took First in 20 events, First Overall, and Sportsmanship Award at Snow College competition.

PHS 3A State Wrestling Champions.

Payson High School selected as Cool School by Fox 13.

Evan Jack, Salem Jr., honored as Daily Herald Student of the Week.

SHHS Drill Team honored as 4A Sportsmanship of the Year Award.

MMHS Drill placed Second at State.

MMHS Wrestling placed Second at State.

Sterling Scholar Finalists

SHHS: Kenny Van Ausdal, Art Bethany Wride, English Nicole Flinders, Vocal Performance SHS: Alexandra Allen, English Andalyn Hall, Skilled & Technical Sciences Hayden Died, Business & Marketing Sky Kawai, Speech/Drama/Theater Arts/Forensics

Employee/Program Celebrations

Sarah Wright, Salem Hills High, honored as Daily Herald Educator of the Week.

Stacy Nance, SHS, honored Citizen of the Year by the Chamber of Commerce.

Suzette Hartvigsen, Salem Junior, Inducted in the Athletic Nebo Hall of Fame for Coaching SHS Volleyball, Basketball, & Softball.

Nebo Title VII program asked to sing for Utah Senators in February.

Utah PTA Region 10 Award Winners Golden Apple Outstanding Educator: Sherry Sandberg at Mapleton Elementary.

Golden apple Outstanding Volunteer: Kristine Walton at Art City Elementary.

Joseph Alan Worthen Inducted into Nebo Athletic Hall of Fame.

SFHS:

Morgan Harrison, Dance Nathan Nelson, Mathematics Kaitlin Hallam, Skilled & Technical Sciences MMHS: Robert Nay, Computer Technology Anthony Scoma, English



Nebo's Mission:

We engage, empower, and collaborate to ensure student success. Student Success:

We focus on preparing all students to succeed in school and life. Engage:

We prepare students for active participation in school and the global community. **Empower:**

We empower students to acquire and develop knowledge, skills, and talents. Collaborate:

We work together to promote safety, involvement, and student achievement.