

**SHHS Girls' Soccer – Skyhawks
Region 8**

June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Pick up games	1 8-9 am at SF sports park	2 7-8 pm at SHHS	3	4 8-9 am at SF sports park	5 8-9 am at SHHS	6
7	8 8-9 am at SF sports park	9 7-8 pm at SHHS	10	11 8-9 am at SF sports park	12 8-9 am at SHHS	13
14	15 8-9 am at SF sports park	16 7-8 pm at SHHS	17	18 8-9 am at SF sports park	19 8-9 am at SHHS	20
21	22 SUU Girls Soccer Camp \$230	23 SUU Girls Soccer Camp	24 SUU Girls Soccer Camp	25 SUU Girls Soccer Camp	26 SUU Girls Soccer Camp	27
28	29 8-9 am at SF sports park	30 7-8 pm at SHHS				

July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 8-9 am at SF sports park	3 8-9 am at SHHS	4 Independence Day
5	6 Conditioning, 7-8 am at SHHS	7 Conditioning, 7-8 am at SHHS 7-8 pm at SHHS	8 Conditioning, 7-8 am at SHHS	9 Conditioning, 7-8 am at SHHS	10 Conditioning, 7-8 am at SHHS 8-9 am at SHHS	11
12	13 Conditioning, 7-8 am at SHHS	14 Conditioning, 7-8 am at SHHS 7-8 pm at SHHS	15 Conditioning, 7-8 am at SHHS	16 Conditioning, 7-8 am at SHHS	17 Conditioning, 7-8 am at SHHS 8-9 am at SHHS	18
19	20 Conditioning, 7-8 am at SHHS	21 Conditioning, 7-8 am at SHHS 7-8 pm at SHHS	22 Conditioning, 7-8 am at SHHS	23 Conditioning, 7-8 am at SHHS	24 Pioneer Day	25
26	27 Conditioning, 7-8 am at SHHS Salem Rec Clinic 8-11 am	28 Conditioning, 7-8 am at SHHS Salem Rec Clinic 8-11 am	29 Conditioning, 7-8 am at SHHS Salem Rec Clinic 8-11 am	30 Conditioning, 7-8 am at SHHS Salem Rec Clinic 8-11 am	31 Conditioning, 7-8 am at SHHS Salem Rec Clinic 8-11 am	

**SHHS Girls' Soccer – Skyhawks
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August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Conditioning, 7-8 am at SHHS Tryouts, 3-5 pm	4 Conditioning, 7-8 am at SHHS Tryouts, 3-5 pm	5 Conditioning, 7-8 am at SHHS Tryouts, 3-5 pm	6 Conditioning, 7-8 am at SHHS Tryouts, 3-5 pm	7 Conditioning, 7-8 am at SHHS Tryouts, 3-5 pm	8 Salem Fun Run 5K 7:30 am
9	10 Practice, 3-5 pm	11 Union Varsity: 4 pm JV: 5:30 pm	12 Practice, 3-5 pm	13 @ Granger Varsity: 3:30 pm JV: 5:00 pm	14 Practice, 3-5 pm	15
16	17 Practice, 3-5 pm	18 @ Provo Varsity: 4 pm JV: 5:30 pm	19 Gunnison Varsity: 4 pm JV: 5:30 pm School Starts	20 Practice, 3-5:30 pm Cookie Dough	21 Cyprus Varsity: 4 pm JV: 5:30 pm	22
23	24 Practice, 3-5:30 pm	25 Taylorsville Varsity: 4 pm JV: 5:30 pm	26 Practice, 3-5:30 pm	27 Practice, 3-5:30 pm	28 Practice, 3-5:30 pm	29
30	31 Practice, 3-5:30 pm					

September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Uintah Varsity: 4 pm JV: 5:30 pm	2 Practice, 3-5:30 pm	3 @ Springville Varsity 4 pm JV 5:30 pm	4 Practice, 3-5:30 pm	5
6	7 Labor Day 7-9 am practice ?	8 Practice, 3-5:30 pm	9 Practice, 3-5:30 pm	10 Spanish Fork Varsity: 4 pm JV: 5:30 pm	11 Practice, 3-5:30 pm	12
13	14 Practice, 3-5:30 pm	15 @ Maple Mtn. Varsity: 4 pm JV: 5:30 pm	16 Practice, 3-5:30 pm	17 @ Uintah Varsity: 4pm JV: 5:30 pm	18 Practice, 3-5:30 pm	19
20	21 Practice, 3-5:30 pm	22 Springville Varsity: 4 pm JV: 5:30 pm	23 Practice, 3-5:30 pm	24 Payson Varsity: 4 pm JV: 5:30 pm	25 Practice, 3-5:30 pm No School	26
27	28 Practice, 3-5:30 pm	29 @ Spanish Fork Varsity: 4 pm JV: 5:30 pm	30 Practice, 3-5:30 pm			

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Maple Mountain Varsity: 4 pm JV: 5:30 pm	2 Practice, 3-5:30 pm	3
4	5 Practice, 3-5:30 pm	6 @ Payson Varsity: 4 pm JV: 5:30 pm	7 Practice, 3-5:30 pm	8 Practice, 3-5:30 pm	9 Practice, 3-5:30 pm	10
11	12 Practice, 3-5:30 pm	13 First Round of State Tourney	14 Practice, 3-5:30 pm	15 Quarter finals Fall Break	16 Practice, 3-5:30 pm Fall Break	17
18	19 Practice, 3-5:30 pm	20 Practice, 3-5:30 pm	21 Practice, 3-5:30 pm	22 Semi-finals	23 Practice, 3-5:30 pm	24 Finals
25	26	27	28	29 Term 1 Ends	30 No School	31 Halloween