

PHYSICAL EXAMINATIONS FOR SCHOOL ATHLETICS

No student shall be eligible to practice for, or compete in, any athletic contest sponsored by the Utah High School Activities Association (UHSAA) unless such student has a physician's certificate stating that he/she is physically able to compete in school athletic contests, including drill team. Students must satisfy the same requirement prior to participating in cheerleading events or in Junior High School athletic contests which are sponsored by Nebo School District but not by the UHSAA.

- A. A health examination must be performed and the pre-participation physical examination form (UHSAA Form A) must be completed and on file at the school before any student may practice for, or participate in, athletic activities sponsored by Nebo School District or by the UHSAA. Interim questionnaires (UHSAA Form B) must be completed by the parent/legal guardian each subsequent year. A re-evaluation physical examination will be required if any responses appear for questions 1-16 on the UHSAA Form B which indicate a change in physical condition or health status of the student.
- B. The health examination may be completed and the appropriate forms signed by a Medical Doctor, Doctor of Osteopathy, Chiropractic Physician, Physician's Assistant or Registered Nurse Practitioner. Forms A and B are available from the school or from the UHSAA and may be printed from the UHSAA web site, www.uhsaa.org.
- C. A signed copy of the Nebo School District Participation and Liability Disclosure Form must also be on file at the school before a student may participate in try-outs, practice for, or participate in athletic contests sponsored by Nebo School District or by the UHSAA.

Approved: 7-11-01