

Dear Parent/Guardian:

The counseling program at the Payson Junior High will be conducting small group counseling sessions (4-6 students) which will be available to all students.

Students learn skills they can use for the rest of their lives as they interact with others. Among the skills we will be working on are:

Listening skills  
Assertiveness skills  
Problem-Solving skills  
Skills to deal with peer pressure

Speaking skills  
Leadership skills  
Decision-Making skills

If your child has your permission to participate in the program at our school, please return the permission slip below. If you would like further information, please contact me at the school and I will be happy to answer any questions you may have.

Sincerely,

Lynn Mecham  
Julie Carlisle

---

Counseling Group Permission Form

My child \_\_\_\_\_ has my permission to participate in the Payson Junior High Counseling Group.

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Date