

Patient's Name _____ Injury Date _____

Diagnosis _____

Work Status:

Can return to work **without** restrictions on _____

Can return to work **with** restrictions on _____

Cannot return to work until _____

Employee reached MMI status on _____

Based on an eight (8) hour work day how many hours can this employee:

Stand 1 2 3 4 5 6 7 8 Continuously With Breaks

Sit 1 2 3 4 5 6 7 8 Continuously With Breaks

Walk 1 2 3 4 5 6 7 8 Continuously With Breaks

Based on an eight (8) hour work day, how many total hours can this employee work?

1 2 3 4 5 6 7 8

Upper Extremities

Which hand is dominant? Right Left

Can this employee perform the following repetitive procedures?

	Yes		No	
Simple grasping	<input type="checkbox"/> R	<input type="checkbox"/> L	<input type="checkbox"/> R	<input type="checkbox"/> L
Pushing and pulling	<input type="checkbox"/> R	<input type="checkbox"/> L	<input type="checkbox"/> R	<input type="checkbox"/> L
Fine manipulation	<input type="checkbox"/> R	<input type="checkbox"/> L	<input type="checkbox"/> R	<input type="checkbox"/> L

Lower Extremities

Can this employee perform repetitive procedures to operate foot controls or motor vehicles?

	Yes	No	Simultaneously
	<input type="checkbox"/> R <input type="checkbox"/> L	<input type="checkbox"/> R <input type="checkbox"/> L	<input type="checkbox"/> Yes <input type="checkbox"/> No

During the recovery period,

to what extent can this employee: (N = never, O = occasionally, F = frequently, C = continuously)

Lift/Carry	N	O	F	C	Activity	N	O	F	C
10 lbs. or less					Bend/stoop				
11 - 20 lbs.					Squat				
21 - 40 lbs.					Kneel				
41 - 60 lbs.					Twist/Turn				
61 - 100 lbs.					Climb				
Push/Pull					Crawl				
13 - 25 lbs.					Reach Above Shoulder				
26 - 40 lbs.					Work around machinery				
41 - 60 lbs.					Type/Keyboard				
61 - 100 lbs.					Driving				
100+ lbs.					Automatic				
Comments					Standard				

Next follow-up appointment _____ Referred for additional care to _____

Treating physician's name/signature _____

Date of most recent exam _____