

Infectious Disease Response Plan Overview

Nebo School District is actively preparing an **Infectious Disease Outbreak Response Plan** to address any potential outbreak of COVID-19, also called Coronavirus.

Nebo School District works closely with the Utah Department of Health and the Utah County Health Department for guidance. The health and safety of district students and personnel is of utmost importance and there are things we can all do to make a difference. Below are some guidelines and tips to ensuring all students and staff are protected.

We are also making preparations for online learning so that learning can continue in the event of a school closure. Principals will be discussing the logistics of this plan with teachers at their school. More information will be shared about this in the days ahead.

Parents should not send their student(s) to school if they are exhibiting any of the following symptom(s):

- Fever of 100 degrees or above. **Student can return to school after the fever has resolved without the use of fever-reducing medicine, AND not exhibiting any other excludable symptoms on this list.;*
- Nausea, vomiting, or abdominal pain;
- Diarrhea-frequent, loose, watery stools;
- Unusual drowsiness or tiredness;
- Sore throat, acute cold or persistent cough;
- Runny nose (thick green/yellow discharge) (non allergenic);
- Red, inflamed or discharging eyes (pink eye) (non allergenic) must be treated with antibiotic drop/ointment for at least 24 hours before returning to school;
- Swollen glands around jaws, ears or neck;
- Any skin sore oozing of fluid, suspected impetigo (may have a yellow crusty discharge from sore).
- Earache; and/or
- An unexplained rash.

Students or employees with symptoms that may suggest an acute illness/conditions needing treatment with an antibiotic may return to work after at least 24 hours of treatment and a decrease in symptoms.

Very Important: Students already at school, who exhibit any of the above symptoms may be excluded. The school will contact the parent or guardian on file who will need to pick up their student promptly. Please make sure the school has updated contact information on file in the event we need to reach you. The student can return to school when they are free of the above symptoms.

Keeping your child healthy

To keep students and staff healthy, the best course of action is prevention. Handwashing is one of the best ways to protect yourself and your family from getting sick. You can help

yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

- Before, during, and after preparing food;
- Before eating food;
- Before and after caring for someone at home who is sick with vomiting or diarrhea;
- Before and after treating a cut or wound;
- After using the toilet;
- After changing diapers or cleaning up a child who has used the toilet;
- After blowing your nose, coughing, or sneezing;
- After touching an animal, animal feed, or animal waste;
- After handling pet food or pet treats; and/or
- After touching garbage.

Five Steps to Washing Your Hands the Right Way

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. Lather your hands by rubbing them together with the soap, including the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
4. Rinse your hands well under clean, running water.
5. Dry your hands using a clean towel or air dry them.

Additional Resources

Utah Coronavirus Information Line at 1-800-456-7707

<https://coronavirus.utah.gov/>

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<https://health.utahcounty.gov/>